



GRAND FORKS DISTRICT SAVINGS CREDIT UNION

January 5, 1993

Ms. Jocelyn Cowie
Box 1495
Grand Forks, BC

Dear Jocelyn:

On behalf of the staff of the Grand Forks District Savings Credit Union, I would like to thank you for helping us through a very stressful time during our renovations.

Having you come in and do acupressure and massage therapy on each staff member was beneficial in reducing the stress that all the noise and confusion caused during this time.

Once everything gets back to a normal routine around the office, I would like to talk to you about having you come in on a regular basis to teach us stress management and pain reduction.

On a personal level, you have relieved me of my migraine headaches and I want to thank you very much. As you know I had those headaches for quite a few years and it is wonderful not to have them anymore.

Good luck to you in your endeavors and if there is anything I can do to help, please feel free to ask.

Yours truly,

Paula Wolkosky
Service Co-ordinator